



<http://baba.org.pl/>

**BMW
BERLIN
MARATHON**

BEATA IS RUNNING THE BERLIN MARATHON!

30 SEPTEMBER 2012

I will be attempting to complete my very first marathon!

I am excited, anxious and hopefully will raise a lot of money for my chosen charity – Baba. They are a small, local charity from my home town in Poland. They support vulnerable women by providing free psychological therapy and legal advice.

The money I raise will go towards running a post natal depression support group. Only £500 will be sufficient to run the group for six months so the money will go far!

Please see me if you are interested in helping the cause or email on Beata.Malinowska@hrch.nhs.uk

